

## **MOUNTAIN BIKE** TRAILS (MBT)

From simple trails to mountain bike madness - there's a path forward for everyone!



Alice Springs has a well-kept secret since before the 1980s and now it is time to share. The local area has the best collection of Mountain Bike Trails (MBT) and single tracks at your doorstep. You don't need to hire a car to get to a trail, just ride from the hotel or caravan park and enjoy. The trails range from sandy creek beds, rocky outcrops, to fast single track and highly technical rides.

Forming part of a large network across the Red Centre, the Eastern & Western Trails are shared use and mountain bike trails, across ancient landscape. Enjoy the beautiful red/orange sunsets and the blue/purple sunrises out with the flora and fauna of the outback.

The Alice Springs township has many bike paths to commute, keeping out of traffic on the outer CBD or meander along the Todd River, enjoying the dusty banks and gum trees.

**TRAILS** - For more details see Alice Springs Town Map & Bike Trails

MAP -Scan the QR Code for more like the map below

Supermarket
Fuel
Parking Main Road Street Information Toilets Food
 Foo Picnic Area Bike Maintenance Station To: 🗟 Simpsons Gap Bike Path 32km Return FLYNN'S GRAVE LOVEGROVE TRAILHEAD Araluen Cultural Precinct Alice Springs Desert Park Custom Mapping Services, 2023 Easiest - Suitable for beginner cyclists and most bikes. Usually a wide trail with gentle gradients, smooth & firm surfaces and no obstacles. Easy - Suitable for beginner mountain bikers and off-road bikes. Usually wide single trail with gentle gradients, mostly smooth and firm surfaces with a few obstacles. More Difficult - Suitable for skilled mountain bikers. Usually a single trail with moderate gradients, variable surfaces and some obstacles.

The Alice Springs Desert Park Bicycle and Pedestrian Path is an easy track winding through several habitats. From Blain St through to John Flynn's Grave Historical Reserve you will discover Ironwoods. Acacia estrophiolata, Corkwoods including Hakea divaricata and Hakea lorea on alluvial flats. Desert Bloodwood trees, Corymbia opaca, can also be found along the journey.

The Simpsons Gap Bike Path, which is paved 17km from Flynns Grave to Simpsons Gap, offers breathtaking views along the way.

MY RIDE ALICE SPRINGS - formerly the Penny Farthing Bike Shop. My Ride know how much fun riding in the Centre really is. Supplying the Red Centre since 1975, with bikes and accessories they offer servicing for all models of bicycles. Call them now to book your bike to adventure and make it a memorable ride!



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